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Beyond the functional approach, Nutrition for Life includes applied features such as Eating Right All Day, Foods You Don't Know You Love Yet, and new Cooking videos. The Third Edition also includes additional content with engaging new features, fewer Nutri-Cases, and the new MyPlate food patterns and recommendations. The art and photos have also been updated, along with a fresh interior design.

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Nutrition for Life: International Edition, 3rd Edition

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Melinda Manore is the author of 'Nutrition for Life (3rd Edition)', published 2012 under ISBN 9780321774354 and ISBN 0321774353.

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